# EatSmart Restaurant **Cooking Competition 2009**

Adib efinuoyol tuon tol efoV 8 **000,001 }** aiw 2





#### ESR Newsletter 2009 (3rd Issue)

- EatSmart Restaurant Cooking Competition 2009 is welcomed by the catering industry EatSmart Restaurant Cooking Competition 2009
- **EatSmart Customer Community Programme**



### Association for Hong K ong Catering Service Management (HKCSM) -Mr. Thomas CHOW

Everyone likes to enjoy "3 Less and High Fibre" EatSmart dishes in an EatSmart Restaurant. The EatSmart@restaurant.hk Campaign is gaining wide popularity under the promotion by the Government and support of the catering industry. Why not enjoy the benefits of the Campaign to build up a thriving business?

## Hong Kong Federation of Restaurants & Related Trades (HKFORT) -Ms Phyllis CHEUK



Introduce the innovative dining culture to your customers by participating in the EatSmart@restaurant.hk Campaign and providing "3 Less and High Fibre" dishes. This move not only promotes the health of the public but also cuts cost. You will benefit a lot from the Campaign and become outstanding at the time of economic

Enquires, please contact EatSmart@restau rant.hk Secretariat:

Fax: 2591 6127 Tel.: 2572 1476

Email:

health\_cheuweb@dh.

gov.hk



### Association of Restaurant Managers Limited (ARM) -Mr. Marco WONG

Nowadays, Hong Kong people are becoming more and more health-conscious and they have higher expectation for good quality. The catering industry should thus follow the trend by providing meals that are both delicious and healthful. I strongly encourage restaurants to participate in healthy eating activities and to support EatSmart dishes. In this way, the public can enjoy meals happily and healthily.

EatSmart Restaurant Cooking Competition 2009

# http://restaurant.eatsmart.gov.hk

Vote for your favourite dish & Win Prizes amounting \$10,000 supermarket coupon!

List of shortlisted

restaurants
restaurants
(in alphabetical order)



## **EatSmart Restaurant Cooking Competition 2009**

- Choi Fook Royal Banquet
- Hong Kong Adventist Hospital Canteen
- Kong Fat Restaurant
- New Star Seafood Restaurant
- Organic Land
- Paramita Vegetarian Restaurant
- YOHO Club

- Cheerful Restaurant
- Golden Fortune Restaurant
- Lychee Garden Chinese Restaurant
- Madison's Restaurant & Bar
- New Life Restaurant
- Peking Noodles
- Tao Heung



- Airport Izakaya
  - City Top
  - Dragon Inn
  - Federal Restaurant
  - Foo Lum Fishman's Wharf Restaurant
  - Tao Heung Super 88
  - The Banqueting House

- Cafe Med
- Chinese Cuisine Training Institute
- Club Chelsea
- Foo Lum Fishman's Wharf Restaurant
- New Life Restaurant
- New Star Seafood Restaurant
- The Banqueting House

Public voting: 25 May 2009 to 29 June 2009 http://restaurant.eatsmart.gov.hk

To ensure the quality of EatSmart Restaurants, EatSmart Customers visited EatSmart Restaurants in Yuen Long in April to inspect the quality, provision and publicity of EatSmart dishes and give advice. By doing this, the Department of Health can give advice to the relevant restaurants for taking timely follow-up actions. The EatSmart Customer Community Programme will be gradually extended to all districts in Hong Kong.

The EatSmart Customers will:

- Observe whether the EatSmart Decal is posted at a prominent location in the restaurant;
- Observe whether proper point-of purchase information for EatSmart Dishes, such as 'Dish with More Fruit and Vegetables' and "3 Less Dish" logos are in place and properly used;
- Check whether at least 5 EatSmart Dishes are provided in total every day in selected buiness hours;
- Inspect and taste EatSmart Dishes and give comments according to the nutritional requirement of EatSmart Dishes; and
- Look for EatSmart Restaurant Customer Opiinion Forms.



Programme

Restaurants that are in compliance with all requirements after being assessed by EatSmart Customers ( in alphabetical order ):



Cafe de Coral
(Chung Fu Shopping Centre)



Cafe de Coral (Tin Chak Shopping Centre)



Chao Inn (Yuen Long)



Happiness Restaurant



New Star Seafood Restaurant (Yuen Long)



Ocean Empire (Yuen Long)



Tao Heung (Yuen Long)



YOHO Club

